

Dr. Vaknalli's - HomeoConsult R&D



Trusted name in Homeopathy (since 1975)

- Medical consultancy **since 1975**
- **3 clinical centre's** treating conditions from common cold to cancer, and conditions of children to the aged.
- Experience with over **60,000+ cases** consulted & treated worldwide
- **Research & evidence** based clinical practice
- Authors of numerous **news & media** articles
- **Pioneers** in Homeopathic Pharmaceutical Formulations (Hwww.nhpindia.comH)
- Affiliated with **renowned** Medical & Pharma Associations (AMRSH, CCH, HAMM, HARP)
- World wide presence with patients present **globally**

Testimonials & Experiences

The treatment here has relieved me of my **chronic neck pain and stiffness** in the arms. I was so addicted to pain killers and muscle relaxants that they too had stopped working. I am glad I started this alternative therapy and wish there was more awareness of the same.

Mr. Bernard (Case Ref # 347)

Dr. Vaknalli's treatment has helped me and I am now able to climb stairs painlessly. I was diagnosed with **Arthritis** of the knees and experienced pain and swelling on exertion. I have been asked to lose some weight which I am currently consulting doctor for. Thanks for all the help.

Mrs. Rajkumar (Case Ref # 3533)

My entire family consults this centre and has high regards for their expertise and treatment. My problem of **Arthritis** which prevented me from doing anything has been cured. I say so as I was unable to walk, climb or even do daily chores even though I was under an Orthopedics treatment. Now, I feel totally free of those problems and very grateful.

Mrs. Nair (Case Ref # 7314)

I have been relieved and the pain and stiffness (**cervical spondylosis**) is well under control. I was asked to undergo surgery for the bony protrusion. However, since I am relieved I am hopeful of a recovery. I do appreciate the help provided and the exercise tips and lifestyle changes recommended have further help me too.

Mr. Kavra (Case Ref # 5460)

HomeoConsult R&D Centre Addresses

Malad: Somaiya Chambers, S.V road, Malad (W), Ph: 28890974
Bandra: Jain Chambers, S.V Road, Opp. Lucky rest., Bandra (W), Ph: 26428132
Dadar: NewEra Homeo Pharma, Opp. Dadar (W) railway stn., Ph: 24305060

Phone: 0091-9820190203 (direct help line)

Avail to Online Treatment at: www.homeoconsult.com

Homeopathy

For

Arthritis & Joints

HomeoConsult R&D



Recommended for:

Improving joint and cartilage health in OA & RA - Possibility of significantly improving joint mobility, pain and stiffness without the use of pain killers and steroids - Reducing relapses and disease progression

Without any side effects

Chief Consultant: Dr. Anish Vaknalli

BHMS (Bom), AMRSH (UK), ASPT (USA),
HomeoConsult R&D (MD)

Opt for a safer pain-relief option without steroids

Arthritis simply means inflammation in the joints. Joint inflammation causes pain, swelling, warmth and stiffness over time. These symptoms may be common with all form of arthritis.

Whether you suffer from Osteoarthritis, Rheumatoid arthritis or any other form of joint, tendon or ligament affection, **homeopathy is a valuable alternative** therapy and can be taken indefinitely without any side effects.

Most individuals opting for Homeopathy experience improvement in joint mobility, reduction in pain/stiffness and a significant **reduction in the frequency** of relapses. Early stages of joint inflammation can be **cured** if timely treatment is initiated.

Homeopathic medicines may be taken alone or along with your regular prescription. Over time the need for pain killers and anti-inflammatory drugs do subside and the overall condition of the joint and cartilage can be improved.

Do browse through the details we have carefully included on this website and email us for any further clarification regarding the treatment offered.

Understanding Arthritis

Arthritis simply means inflammation in the joints. Joint inflammation causes pain, swelling, warmth and stiffness over time. These symptoms may be common with all form of arthritis.

Osteoarthritis is a degenerative joint disease, resulting in loss of elasticity of the joint cartilage which functions as shock-absorbers between two joints. Over time, as the cartilage wears off, bone friction increases causing pain. Though OA may

affect any joint, the knees, hips and spine are commonly affected due to repeated wear and tear.

Causes: Obesity, Injury, joint overuse and hereditary factors are commonly responsible for OA.

Diagnosis: An x-ray is usually sufficient for determining the onset of OA.

Rheumatoid arthritis is also a chronic form of arthritis, the cause of which is unknown. It usually manifests bilaterally, affecting joints on both sides of the body. Rarely, RA may occasionally affect the skin, eyes, lungs, heart, blood, nerves or kidneys. The disease onset, progression and duration vary considerably among those affected.

Causes: The precise mechanism is unknown. It is widely believed that a faulty immune response in which the immune system attacks the joints and organs causes RA (autoimmune disease). Viral affection and numerous environmental, hormonal, emotional and genetic factors are considered as triggers of the immune system. Approximately 2 million Americans have RA with a higher incidence among women.

Diagnosis: A combination of factors indicates RA as individual symptoms and Laboratory results vary significantly.

1. Symmetrical affection of joints
2. Joint stiffness on waking
3. X-rays indicating RA type degeneration
4. Positive Rheumatoid Factor (RF) in blood tests
5. Presence of nodules under the skin called rheumatic nodules

Anemia, increased ESR and positive ANA (Antinuclear Antibody) may also be detected in a person with RA.

Treatment for OA and RA: Local or systemic pain killers and corticosteroids are the conventional line of treatment, besides numerous other drugs. Weight reduction, physiotherapy and hot or cold compresses may also be recommended. Arthroscopy (repair of damaged cartilage) and joint replacement may be considered in advanced cases.

Why Homeopathy?

Our centres which specialize in the Homeopathic management of 'Chronic Diseases' has consulted and treated thousands of cases of RA and OA over the past 25 years.

What can I expect on starting this treatment?

- Our novel approach for OA (Osteoarthritis) & RA (Rheumatoid Arthritis) **offers pain-relief** along with significant or noticeable improvement in joint mobility and inflammation.
- **Reduction** in inflammatory **relapses**, especially in cases of RA, indicates that the medicines prescribed act by stabilizing the faulty immune system considered responsible for RA. This is achieved without the use of steroids or harmful drugs and recommended for all age groups.
- Those already on such medications may be asked to slowly wean off the drugs as the beneficial effects of homeopathic medicines sets in.
- Over time, the need for **pain killers and steroids can be minimized** and the extent of the inflammation as well as disease progression minimized.

(Note: Extent and nature of benefits of treatment varies among individuals and has been gathered from patients themselves & past clinical records)